

# create & connect

A 5-WEEK THERAPEUTIC GROUP FOR KIDS 7 TO 10 YEARS OLD

## KIDS TODAY NEED HEALTHY SOCIAL AND COPING SKILLS & STRATEGIES

Through the artmaking process and the guidance of a Dandelion art therapist, **create & connect** kids will learn techniques to help regulate emotions and find ways to express themselves -- surrounded by other kids just like them.



**WEEK 1:**  
BIG FEELINGS DAYS



**WEEK 2:**  
ENCOURAGE CURIOSITY



**WEEK 3:**  
CHOICES



**WEEK 5:**  
CELEBRATING SUCCESS

5 FRIDAYS  
FEB 16-MAR 15  
4 PM TO 5 PM

COST: \$135 FOR FIVE SESSIONS



**WEEK 4:**  
SPEAKING UP!

DANDELION THERAPEUTIC ART CENTER - FACILITATED BY CAROLINE TYE, OWNER AND ART THERAPIST + ALEXA COSTA, DANDELION'S ART THERAPIST IN TRAINING

**TO REGISTER, EMAIL**  
OFFICEMANAGER@DANDELIONARTSTUDIO.COM



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